

THEMATIC PLAN OF PRACTICAL CLASSES ON MEDICAL PSYCHOLOGY FOR STUDENTS OF MEDICAL FACULTY IV COURSE FOR 2017-2018 ACADEMIC YEAR ON THE DEPARTMENT OF PSYCHIATRY, NARCOLOGY NEUROLOGY AND MEDICAL PSYCHOLOGY

№	Practice theme	Questions, that should be studied	Hours
1.	Object, tasks and methods of research person's psychological state. Conception of psychic health.	<p>Medical psychology as psychological and medical science at the same time. Theoretical and methodical bases of medical psychology. Medical psychology's role in formation of modern imagination of somatic and psychic. Role of medical psychologist in diagnostic, therapeutic, rehabilitation processes. Methods of psychological research are: observation, self-observation, goal-directed psychological conversation. Experimental psychological methods, their role in psychological diagnostics of sick people. Principles of complex psychological research including age and cultural specialities of patients. Definition of psychic health and levels of psychic adaptation of person. The criterion of health.</p>	2
2.	Personality and disease. Internal picture of disease.	<p>Classification of temperaments, their role in character formation. Determination of person's accentuation. Type of accentuation, classification of person's accentuation by K. Leongard, M.S. Luchko. Tactics of doctors' behavior with patients that have accent feature. Internal picture of disease is subjective perception of sickness by patient. Main sphere: sensory emotional, volitional, and rational informational. Classification of main types' attitude to disease (harmonium, anagobic, ipohondric, depressive, contemptuous, nosofobic, nosofil, utilitarian and other) specialities of sick people's behavior with these types of reaction on disease. Diagnostics of main types of attitude to disease. Additional, psycho diagnostic methods, interpretation of research's results. Influence attitude to disease on next going of sickness and prognosis. Aggravation, simulation, dissimulation, hospitalization. Principles of psycho therapy's correction attitude to disease, doctor's tactics to sick people with pathologic types of reaction at disease.</p>	2
3.	State of psychic functions and disease.	<p>Clinical and psychological aspects of cognitive activity. Violation of perception, agnosia, pseudoagnosia, violation of the motivational component of perception. Violation of memory: violation of direct and indirect memory, dynamics disturbances of memory. Violation of thinking: violation of the operational side of thinking; dynamics violation of thinking; violation of personality's component of thinking. Clinical, psychological aspects of emotional and volitional sphere. Disease's influence on emotional volitional sphere. Sick changes of emotions: anxiety, depression, emotional lability. Consciousness, self consciousness and their levels. Theory of unconsciousness. Psychodynamic approaches in medicine. Criterion of consciousness. Consciousness' state that has sick people: get tired, sleepiness, affect contracted state. Special state of consciousness.</p>	2
4.	Patopsychological diagnostics of impaired mental processes.	<p>Diagnostics of attention: a proof-test; Krepelin account; Krepelin account in the Schulte version. Diagnostics of direct memorization: the test for memorizing 10 words, digit span test. The study of mediated memory: «Pictogram» method. Research of thinking activity: classification of concepts; test «The exclusion of the fourth». Use of the «pictogram» to assess the features of mental activity. Methods of studying the disturbance of the psychoemotional sphere: observation, questionnaires, projective techniques.</p>	2
5.	Psychology of medical workers.	<p>Main choice's motives in medical worker's profession. Main demands to personality of medical workers. Important professional doctor's quality. Definition of concepts «Doctor's duty», «Medical Secrecy». Doctors' mistakes: cause and type. Psychological types of doctor's professional program in general practice (knowledge and abilities, professional practical skills) and demand to person. Concept about professional deformation. Peculiarity of profession where professional deformation is developing. Characteristic feature of professional deformation «syndrome burning down», ways of its notification.</p>	2

6.	Psychology of therapeutically diagnostically process.	Psychological basis of therapeutic process. Communicational competence, its role in effective and out of conflict's cooperation. Functions of intercourse: informational communicative, regulative communicative, affective communicative. Role of psychological peculiarity of doctor and nurse: «ideal doctor», «ideal medical sister (nurse)». Psychological peculiarity of stage in diagnostically process. Medical deontology. Conflicts in medical environment, their variety. Scheme of conflict's development. Conflicts in doctor's activity. Peculiarity of conflicts between people that are at healing diagnostically process. Methods of decision and conflicts' notification.	2
7.	Psychosomatic disorders.	Psychosomatic approach in medicine and medical psychology. Biopsychesocial conception of disease. Psychosomatic interrelations. Influence of psychological factors to duration of somatic diseases. Conceptions of adaptation, maladaptation. Classification of psychosomatic disorders. Theories of psychosomatic interrelations. A mechanism of person's psychological protecting. Principles of preventing of psychosomatic disorders.	2
8.	Psychological peculiarity of sick people with different diseases.	Psychological changes in cardio-vascular system's diseases, bronchi and lungs, alimentary tube, kidney, in inflectional diseases, tuberculosis, AIDS, endocrine, nervous, psychic diseases. Psychological changes that have sick women in gynecological hospital. Psychological women's peculiarity at the period of pregnancy and birth. Psychological peculiarities of sick children and elderly people. Psychological peculiarities of sick people in surgery's hospital – in-before-after operational period. Psychological peculiarities of sick people in stomatology, ophthalmology, otolaryngology, orthopedics, traumatologia, oncology. Influence on person's psychics in congenital and acquired psychical defects.	2
9.	Psychological aspects of dependent, suicidal behavior, thanatology, euthanasia.	Psychological aspects of dependence from psycho active substance, over valuable passions (gambling, internet dependence), dependence from food behavior. Psychological peculiarity of dependent person in healing process. Family's and social relations of dependent person, co-dependence. Suicidal behavior, prophylaxis and early recognition of suicidal tendency. Suicide : motive and aim. Types of suicidal behavior: protestant, «call», «self-punishment», «refusal». Timely finding suicidal thoughts and minds. Role of social services, trust services. Peculiarity of suicidal behavior in somatic sick people: AIDS, oncology, congenital and acquired physical defects. Psychological peculiarities of suicidal behavior at dependence. Psychological aspects of dying and death. Euthanasia: with or against.	2
10.	Psychohygiene, psychoprophylaxis, basis of psychotherapy.	Definitions of psychohygiene, psychopreventing, primary and secondary psychopreventing. Thema in parts of psychohygiene. Ways of maintenance of psychical health. Principles of psychopreventing. Social and professional rehabilitation, there main parts. Adaptation and desadaptation. Psychotherapy as part of medicine and medical psychology. General modern methods of psychotherapy. Principles of psychotherapy. Methods and technics of psychotherapy. Indications and contr-indications to use psychotherapy. Psychotherapy in the working of GP. Psychotherapeutic correction of attitude patient to disease. Psychological aid in critical periods.	2
11.	Final module control		2
	Altogether:		22 hours